The River Source
Faith Based Addiction Treatment & Recovery provides a unique level of care that embodies residential treatment services with a recovery based focus.

The River Source believes that by offering a full continuum of care, our patients will achieve a firm foundation on which to anchor their lives in recovery.

Patients can leave knowing they will have a continuing care plan in place and referrals for continued support. We are dedicated to offering our patients the opportunity to live meaningful lives, free of drugs and alcohol.

The River Source believes everyone deserves affordable treatment, thus providing the most affordable drug and alcohol treatment nationwide. We accept most insurances and private pay. Call today 888-687-7332 to verify your insurance provider.

If you’ve been challenged by addiction, The River Source can help.

1(888) 687-7332
www.theriversource.org

Real Treatment, Real Results
Treating the whole person to heal and restore balance to the mind, body and spirit.

Help is Here/Call Today
1(888) 687-7332
Your Spiritual Journey

Your Spiritual Journey People who are disconnected spiritually may feel a great sense of emptiness especially when addictions have played a part in their life. Addictions tend to create fractured relationships with self, family, and spirituality. Addiction can create a sense of shame and a feeling of disconnect. The Journey Program allows persons to explore their faith by blending the 12-steps with faith-based principles in a “no pressure” setting.

“Be quick to see where religious people are right. Make use of what they offer.”
- BB pg. 87

A Faith Based Path

A Faith Based Program is a new program addition to the The River Source, a leading drug and alcohol rehabilitation network in Arizona. This program was created for patients who wish to continue to deepen their spirituality while in treatment. The faith based track is a self-directed program where patients can work at their own pace and customize the track to their own belief system. The self-directed study materials that participants will receive can be utilized at the residential level of care, day treatment level, and intensive outpatient level. This program can be actively continued through all levels of care.

At The River Source, The Journey Program supports you and your spiritual journey and helps you deepen your relationship with God by offering:

- An individualized plan
- Study materials
- Designated time for reflection and study
- Pastoral counseling or visits from your spiritual advisors (if requested)
- Daily prayer and meditation.

Why Choose A Faith Based Program

Today, more than 10 million people in this country have become addicted to drugs or alcohol regardless of race, culture, or religion. Patients seeking treatment may have maintained a strong relationship with their faith and would like to continue to maintain and deepen their spirituality during the recovery process. Patients may also want to regain a relationship with their faith that has “gotten lost” during their addiction. Patients also may want to learn and explore new spiritual practices to add to their recovery. Deepening or creating a spiritual connection for most people is considered one of the important aspects of the recovery process. While not all patients will choose the faith based track, there are many reasons to consider choosing a program that can provide a faith based component to individualize treatment. We’ve narrowed it down to the top 10 reasons:

1. Extended Spiritual Support- Spirituality is the key ingredient to contentment and a purposeful and meaningful life.
2. Acceptance- Acceptance of the individual is critical, even in light of unacceptable behaviors. When dealing with the fundamental value and worth of a human being, there is no room for anything but acceptance.
3. Presence- Presence or feeling present is perhaps the most rewarding but demanding task of recovery. Presence also requires checking ego at the door. Spiritual work rewards clients with feeling present in their own lives.
4. Spiritual Care- Spiritual attention is intrinsic to healthcare and the well-being of an individual affected by the disease of addiction. Spirituality can help a person’s heart and soul rather than always relying on their practical, logical side, or even strictly “physical world” solutions.
5. Relieve Stress - In many ways spirituality can help decrease anxiety and tension that comes along with one’s addiction(s) through loyalty & trustworthiness developed in spiritual practices.
6. Spiritual Growth & Development- Spiritual development helps to improve one’s outlook on life on an incremental basis by exploring new options and learning new things.
7. Exploration of individuality- With proper spirituality some people may save years of their life by confronting their spiritual side instead of trying to numb, enhance, or recreate it with alcohol or other drugs.
8. Encouragement- Spirituality used in moments of deep feeling or matters of the heart can offer greater peace with yourself, with others, and with your God.
9. Integrative Approach- Spirituality support and augments The River Source’s mission to provide a full continuum of care treatment to enable patients to achieve their highest levels of functioning, independence, and performance.
10. Improved Quality of Life- Incorporating spirituality and religion during recovery can enhance treatment outcomes and supports the journey of life long recovery.

At The River Source, our hope is that the faith based program can be individualized for each person’s needs so they may deepen their relationship with Spirituality and their recovery process. Looking for Effective Addiction Treatment with a Faith Based track?

Learn More About Our Unique Programs and receive discuss your individual needs
866-906-0071

Phone: 888 687 7332
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